

Week 2 - Home Learning Year 4.

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Monday

Remember to email us some pictures of you completing some of these activities

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Monday - Spellings

- On the next slide you will see your spellings for this week.
 - · Read them out loud to yourself.
 - · If you are unsure ask a grown-up to help you.
- · Cover them up one by one and try to write them down correctly.
- Look at them to check they are correct or ask a grown up to check them for you.

Practice Sheet

(N

.. Date

Term 1 Set 2 Week 8

Spelling patterns the prefixes il-, im-, ir-, extension, word list



I might have been <u>im</u>polite, but slapping me on the face was rather <u>extreme</u>, wasn't it?



Spellings	Write	Write	Cover and write	Cover and write
literate				
il literate				
polite				
im polite				
replaceable				
ir replaceable				
im movable				
im mortal				
experiment				
extreme				

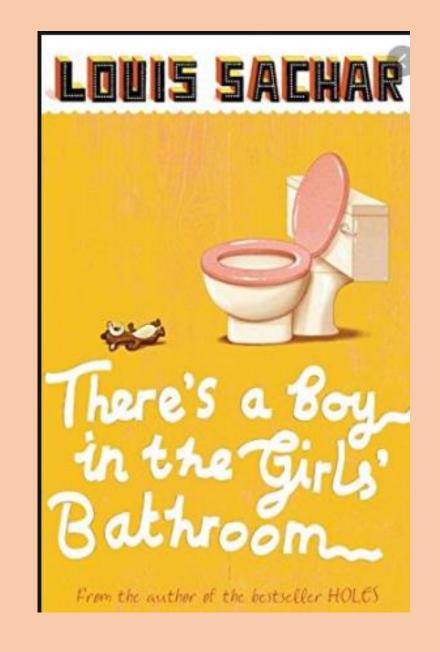
Total

Monday - Reading

Lesson 4 Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/lessons/to-explore-bradley-further-c9k38d



Monday - English

Today we will begin some work on newspaper reports.

Lesson I Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/lessons/to-identify-the-features-of-a-newspaper-report-6rv30r



To identify the features of a newspaper report

In this lesson, we will discuss journalistic writing and the purpose, audience, language and layout of newspaper reports. We will read an example newspaper report and identify some of the key features.

Start Lesson

Monday - Maths L- To divide by 100

Warm up

2)
$$£1 =$$
____ $\times 1 p$
 $£10 =$ ___ $\times 1 p$

3)
$$\frac{1}{10}$$
 of $800 = 800 \div ____$

$$\frac{1}{100}$$
 of $800 = 800 \div _____$

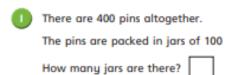
Click on the link below to access the learning for today



https://whiterosemaths.com/homelearning/year-4/week-10-numbermultiplication-division/

L- To divide by 100

Divide by 100





Complete the calculations.

a) Teddy makes 2,300 using base 10





Complete the sentences.





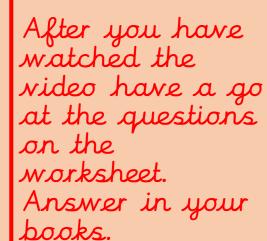
2 thousands = hundreds

Teddy has hundreds altogether.



Rose Maths

	b) Make 3,700 using base 10	
	Complete the sentences.	
	3,700 = 3 thousands + hundreds	
	3 thousands = hundreds	
	There are hundreds altogether.	
	3,700 ÷ 100 =	
4	One hundred 1p coins is equal to £1	
	a) Dexter has seven hundred 1p coins.	
	How many £1 coins is this equal to?	
	b) Aisha has seven thousand 1p coins.	
	How many £1 coins is this equal to?	
	c) Jack has 170 1p coins.	
	He says, "This is the same as £17"	
	Is Jack correct?	
	How do you know?	



L- To divide by 100

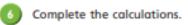
After you have watched the video have a go at the questions on the worksheet.

Answer in your books..

Questions 10 and 11 are trickier. Are you brave enough to try them? Complete the number sentences.

 $4,000 \div 100 =$

What patterns can you see?



Eva and Tommy collect gems in a computer game.

Each gem is worth 100 points.

At the end of the game, Eva has 4,300 points and Tommy has 800 points.



How many gems did they collect in total?



Use the digit cards to fill in the gaps.

You may use each digit card once only.





3





$$6, _00 \div 100 = _2$$



L- To divide by 100

Divide by 100



How many jars are there?



Complete the calculations.

a) Teddy makes 2,300 using base 10











I will make

Complete the sentences.

Teddy has hundreds altogether.

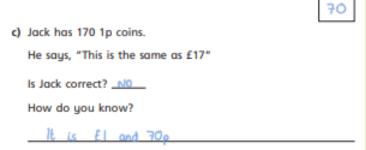
Rose Maths

b) Make 3,700 using base 10 Complete the sentences.

37 hundreds altogether. There are



- a) Dexter has seven hundred 1p coins. How many £1 coins is this equal to?
- b) Aisha has seven thousand 1p coins. How many £1 coins is this equal to?





Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?



L- To divide by 100

Complete the number sentences.

What patterns can you see?

6 Complete the calculations.

Eva and Tommy collect gems in a computer game.

Each gem is worth 100 points.

At the end of the game, Eva has 4,300 points and Tommy has 800 points.



How many gems did they collect in total?

Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?

Use the digit cards to fill in the gaps.

You may use each digit card once only.

1

2

3

4

5

6

$$3.4 \times 100 = 3.400$$

$$6,200 \div 100 = 62$$

$$5.500 = 10 \times 10 \times 55$$

Monday - Geography

Lesson 2 Let's find out about Wales!

Have you had been there?

What do you already know?

Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/lessons/what-is-the-geography-of-wales-61jpar



What is the geography of Wales?

In this lesson, we will recap our knowledge of the seven continents, and locate the UK on a world map. We will then zoom into Wales and look at the different human and physical geographical features. We can then compare these to the area where we live, as well as comparing them to Scotland.

Start Lesson

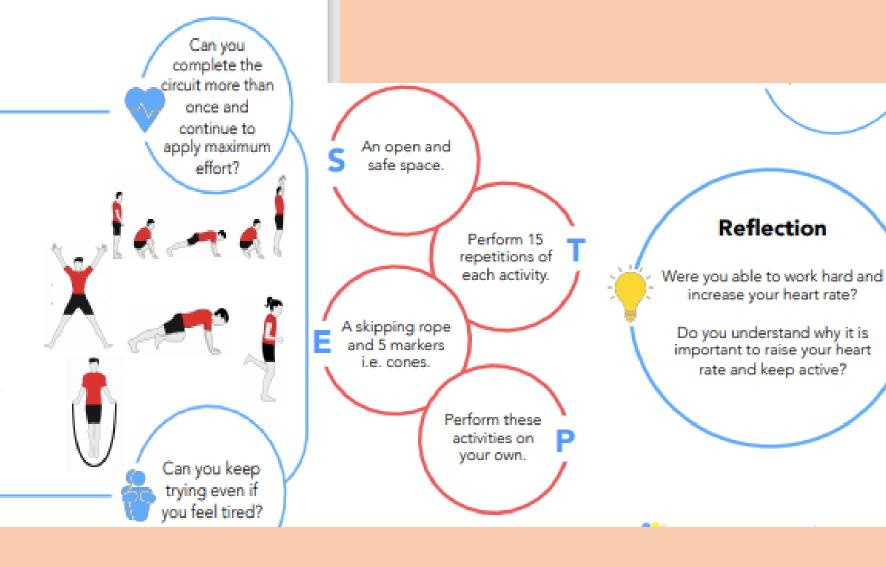
Monday - PE



Healthy Hearts

How to Learn:

- Layout 5 markers in a space around your area. These are your 5 cardio circuit activities.
- Station 1: Perform 10 star jumps.
- Station 2: Perform 10 mountain climbers.
- Station 3: Skip or jump for 10 seconds.
- Station 4: Perform 10 burpees.
- Station 5: Jog on the spot for 10 seconds.
- How many times can you repeat the circuit?



Tuesday

Remember to email us some pictures of you completing some of these activities

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Tuesday - Spellings

	A ₁	Вз	C 3	D ₂	0
E ₁	F ₄	G ₂	H ₄	1,	J ₈
K ₅	L,	M ₃	N ₁	0,	P ₃
Q 10	R ₁	Sı	T ₁	U1	V ₄
500 × 417	W ₄	X 8	Y ₄	Z ₁₀	

In a game of Scrabble, each letter is worth a certain number of points. Write your words and then add the total of the letters. Which of your spelling words has the highest total value?

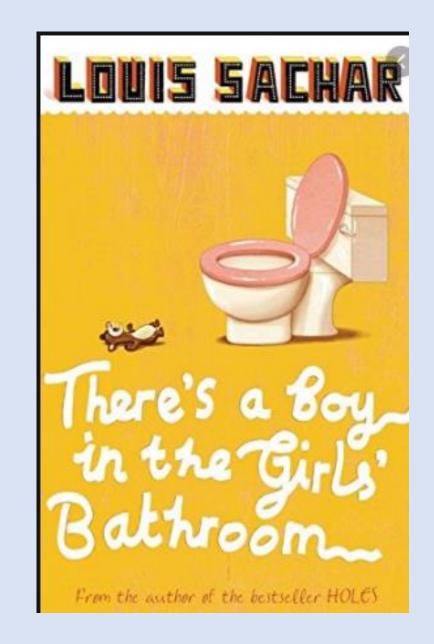
Week 5	Week 6	Week 7	Week 8
legal	logical	legible	literate
illegal	illogical	illegible	illiterate
mature	possible	patient	polite
immature	impossible	impatient	impolite
regular	responsible	relevant	replaceable
irregular	irresponsible	irrelevant	irreplaceable
illegitimate	irrational	improbable	immovable
illimitable	irrefutable	imprecise	immortal
certain	continue	eighth	experiment
consider	different	experience	extreme

Tuesday-Reading

Lesson 5 Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/lessons/to-explore-a-theme-c8vkgt



Tuesday - English - Newspapers



Lesson 2 Write all work into your workbook or on a piece of paper.

To revise speech punctuation

In this lesson, we will practise writing speech at the beginning and end of sentences with a focus on accurate punctuation.

Start Lesson

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/lessons/to-revise-speech-punctuation-cngp8t

Tuesday Maths

L- To multiply by I and 0 Warm up

1)
$$12 + 0 =$$

2)
$$12 - 0 =$$

3)
$$12 + 1 =$$

4)
$$12 - 1 =$$

MULTIPLY BY I AND O 08:35 mil CC 🌣 X

Click on the link below to access the learning for today

https://whiterosemaths.com/homelearning/year-4/week-10-number-multiplication-division/

Tuesday Maths L- To multiply by L and 0

Multiply by 1 and 0







- a) How many flowers are in each vase?
- b) How many flowers are there in total? Complete the calculation.

Circle the calculation that works out the number of apples.



 6×0 6 x 2 6 x 1

How many marbles are there in total?

Rose Maths



- Complete the calculations.

a) $3 \times 1 =$

b) $1 \times 3 =$

c) 7 × 1 =

What could the missing number be?

= 0

Explain how you know.

After you have watched the video have a go at the questions on the worksheet. Answer in your books.

Tuesday Maths L- To multiply by L and 0



Circle all the calculations that have an answer of zero.

39 x 1

 0×0

 178×0

 42×1

$$4 \times 1$$

 0×16

$$8 \times 0$$

b) How did you work out which calculations to circle?



Eva and Mo are working out some multiplication problems.





What mistake has Eva made?







What mistake has Mo made?

Talk about your answers with a partner.



Work out these multiplications.





 $8 \times 1 \times 2 =$

What pattern do you notice in each part?

Talk about it with a partner.

c) What multiplication would come next in part b)?





Eva and Dexter have 6 digit cards.

They multiply them all together.













I multiplied the numbers from left to right.

> I knew the answer without multiplying the numbers one by one.



What could Dexter's method be?

Talk about it with a partner.



After you have watched the video have a go at the questions on the worksheet. Answer in your books.



Tuesday Maths

L- To multiply by I and O

Multiply by 1 and 0



Write a multiplication to work out the total number of strawberries.







- a) How many flowers are in each vase?
- b) How many flowers are there in total? Complete the calculation.

 6×0

Circle the calculation that works out the number of apples.



How many marbles are there in total?





Complete the calculations.

a) $3 \times 1 = 3$

- b) 1 x 3 = 3
- c) 7 × 1 = 7
- d) 7 x 0 = 0

What could the missing number be?

= 0

Explain how you know.

Anything. Any ourober multiplied by a a could

Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?





Tuesday Maths

L- To multiply by I and O



a) Circle all the calculations that have an answer of zero.

39 x 1

8 × 0



178 × 0

4 × 1





42 × 1

b) How did you work out which calculations to circle?

There was a 0 in the calculation



Eva and Mo are working out some multiplication problems.

a





What mistake has Eva made?

She has added I and 8

b)





What mistake has Mo made?

He has multiplied 12 by 1 not O

Talk about your answers with a partner.



Work out these multiplications.

What pattern do you notice in each part? Talk about it with a partner.

c) What multiplication would come next in part b)?

8 × 1 × 4 = 32

Eva and Dexter have 6 digit cards.

They multiply them all together.

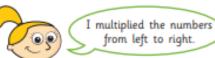












I knew the answer without multiplying the numbers one by one.



What could Dexter's method be?

Talk about it with a partner.

Mark your work. How did you do?

Make sure you check your corrections.
Can you work out where you went wrong?

Tuesday - Science Lesson 2

Let's find out more about sound!
How are sounds produced?

Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

https://classroom.thenational.academy/less ons/how-are-different-sounds-produced-6nj3et



How are different sounds produced?

In today's lesson, we will be learning all about different sounds made by instruments and then making our own!

Start Lesson



Tuesday - PE

Save the Treasure Home Physical Education

Can you play by the rules and if you touch the floor start again?

How to play:

- Agree a starting point. Spread treasure across the floor. Use toys and socks as treasure.
- Using two objects can you move without touching the floor, picking up the treasure and returning it to your starting point.
- If you touch the floor you must drop the treasure and start again.
- Create a scoring system so that shoe = 1 point and socks = 2 points. How many points can you score?



Can you keep trying to think of the best ways to use the objects to move?

Top Tips

Do not carry too much treasure in one go!

If you carry too much treasure then you risk falling and losing your treasure.

Let's Reflect

What tactic did you use for collecting treasure?

How did you use your two objects to move around safely and efficiently?

Wednesday

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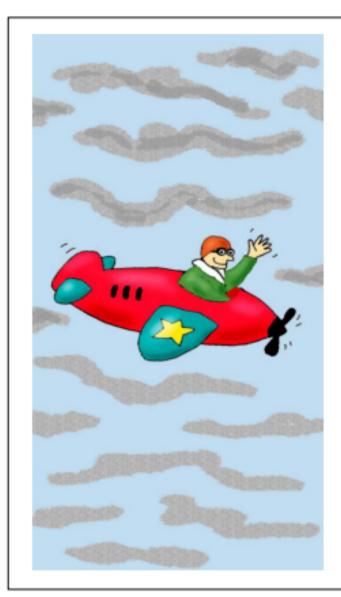
Wednesday - Spellings

Remember to check you understand what the words mean so that you use them correctly.

Activity Sheet Term 1 Set 2 Week 8	Name	
Write your own sentend	es using the words i	n the boxes.
	illegal	
	illiterate	······································
	illogical	
	irreplaceable	·
	continue	······································
	certain	······································
	experiment	······································
	different	······································
<u>*</u>		······································

Wednesday - Reading

WINGS AND WINDS



Have you travelled on holiday by plane? Airlines are very interested in the weather. Fog – known as low ceilings – can prevent aircraft from landing and taking off. Turbulence (when strong winds give passengers a rough ride) is an in-flight hazard. Thunderstorms are a problem for all aircraft because they cause severe turbulence. Ice due to heavy rain, as well as large hail, strong winds and lightning, can cause severe damage to an aeroplane in flight. Volcanic ash, depending on the direction of the wind, is quite a serious problem as aeroplanes can lose engine power inside ash clouds.

Read this text and then answer the questions on the next slide. Remember you should look back at the text to check you answers.

Wednesday - Reading

W	nat do pilots mean when they talk about a low ceiling?
W	ny might this be a problem?
W	nat is turbulence ?
Na	me two things that cause turbulence.
W	ny are active volcanoes a serious problem for aeroplanes?

Wednesday - English - Newspapers



Lesson 3
Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access

To identify the features of a newspaper report

In this lesson we will recap the purpose, audience, language and layout of newspaper reports. We will read an example newspaper report and identify some of the key features.

Start Lesson

https://classroom.thenational.academy/less ons/to-identify-the-features-of-anewspaper-report-6dh3cr

Wednesday Maths L- To divide by I and itself

Warm up

- 1) $12 \times 1 =$
- 2) $1 \times 9 =$
- 3) How many groups of 5 are in 25?
- 4) Write two divisions using the multiplication fact $3 \times 4 = 12$

Click on the link below to access the learning for today

https://whiterosemaths.com/homelearning/year-4/week-11number-multiplication-division/



Wednesday Maths L- To divide by I and itself

Divide by 1 and itself



Annie has 5 cookies and some plates.











She wants to put 1 cookie on each plate.

- a) How many plates will she need?
- b) Complete the calculation.



Annie has 5 more cookies.























She has 5 friends.

She shares the cookies equally between her 5 friends.

- a) How many cookies does each child get?
- b) Complete the calculation.

a) Complete the calculations.

b) What do you notice about multiplying and dividing by 1?

c) Use what you have noticed to complete these calculations.

Tick all the cards that have an answer of 1

ill White Bose Moths 2019

How do you know if a division has an answer of 1?

After you have watched the video have a go at the questions on the worksheet. Answer in your books.

Wednesday Maths

L- To divide by I and itself





Work out these calculations.

7



Complete this calculation.

How did you work this out?

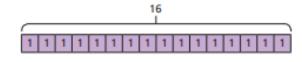


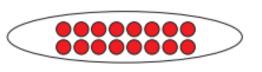
She wants to give them out to children in her class.

Each child will get 1 invitation each.

What mistake has Rosie made?







After you have watched the video have a go at the questions on the worksheet.
Answer in your books.

Wednesday Maths L- To divide by I and itself

Divide by 1 and itself





Annie has 5 cookies and some plates.











She wants to put 1 cookie on each plate.

- a) How many plates will she need? 5
- b) Complete the calculation.





























She has 5 friends.

She shares the cookies equally between her 5 friends.

- a) How many cookies does each child get?
- b) Complete the calculation.



a) Complete the calculations.

b) What do you notice about multiplying and dividing by 1?

You get the same answer.

c) Use what you have noticed to complete these calculations.

Tick all the cards that have an answer of 1

7 ÷ 1

10 ÷ 10

5 ÷ 1

 $9 \div 9$

18 ÷ 18

10 ÷ 2

6 ÷ 1

 1×1

17 ÷ 1

How do you know if a division has an answer of 1?

Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?

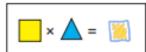
Wednesday Maths

L- To divide by I and itself

- Write >, < or = to compare the calculations.</p>
 - a) 4 × 0 (<) 5 ÷
- d) 13 ÷ 1 > 31 × 0
- b) 24 × 1 = 24 ÷ 1
- e) 8 ÷ 8 = 9 ÷ 9
- c) 1 × 9 = 9 ÷ 1
- f) 10 ÷ 1 () 10 ÷ 1
- 6 Work out these calculations.
 - a) 8 ÷ 4 ÷ 1 = 2
 - b) 25 ÷ 1 ÷ 5 = 5
 - c) 9 × 4 ÷ 1 = 36
 - d) 12 ÷ 1 × 4 = 48
- 7



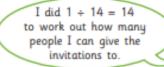
Complete this calculation.



How did you work this out?



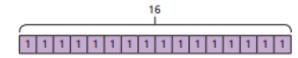
She wants to give them out to children in her class. Each child will get 1 invitation each.



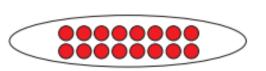


What mistake has Rosie made?

Explain how each image shows 16 ÷ 1



16 grouped into 1s



16 shared form 1 group

Mark your work. How did you do?

Make sure you check your corrections.
Can you work out where you went wrong?

Wednesday - History/Art

Ancient Egyptians

Can you read the secret message?

Have a look at the next few slides.

We can't wait to see picture of the hieroglyph of your name.

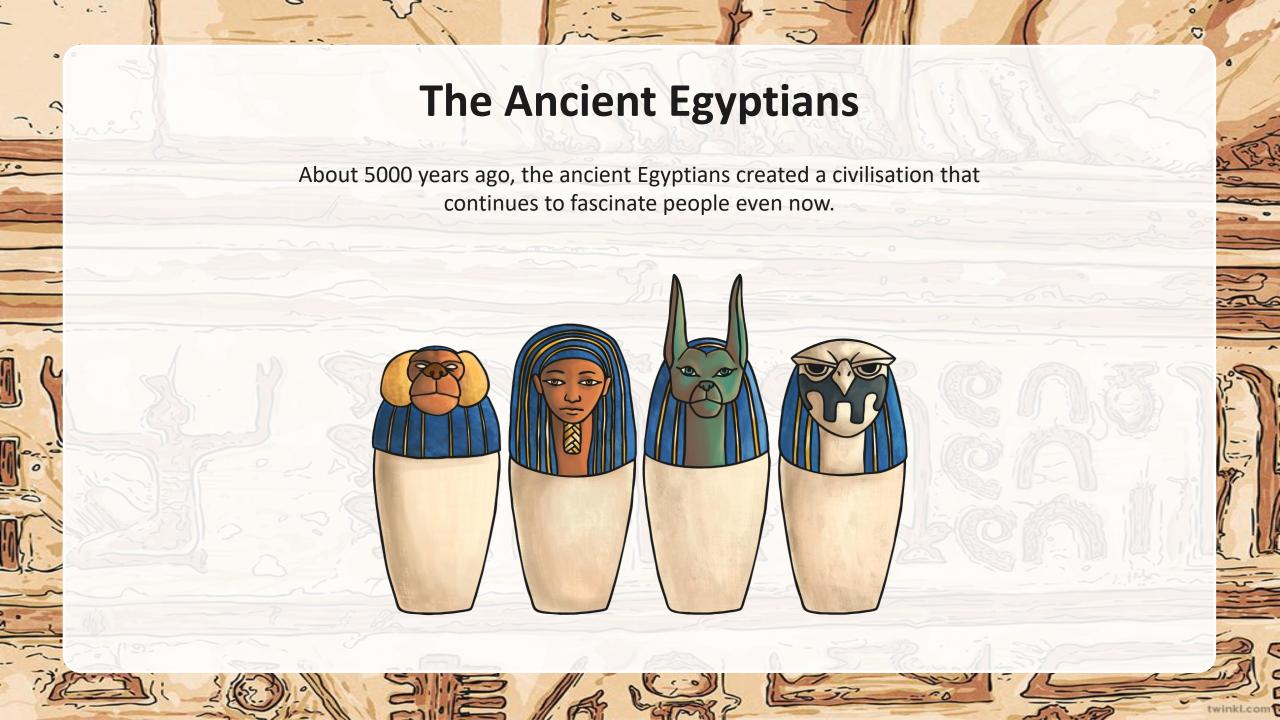












What's in a Name?

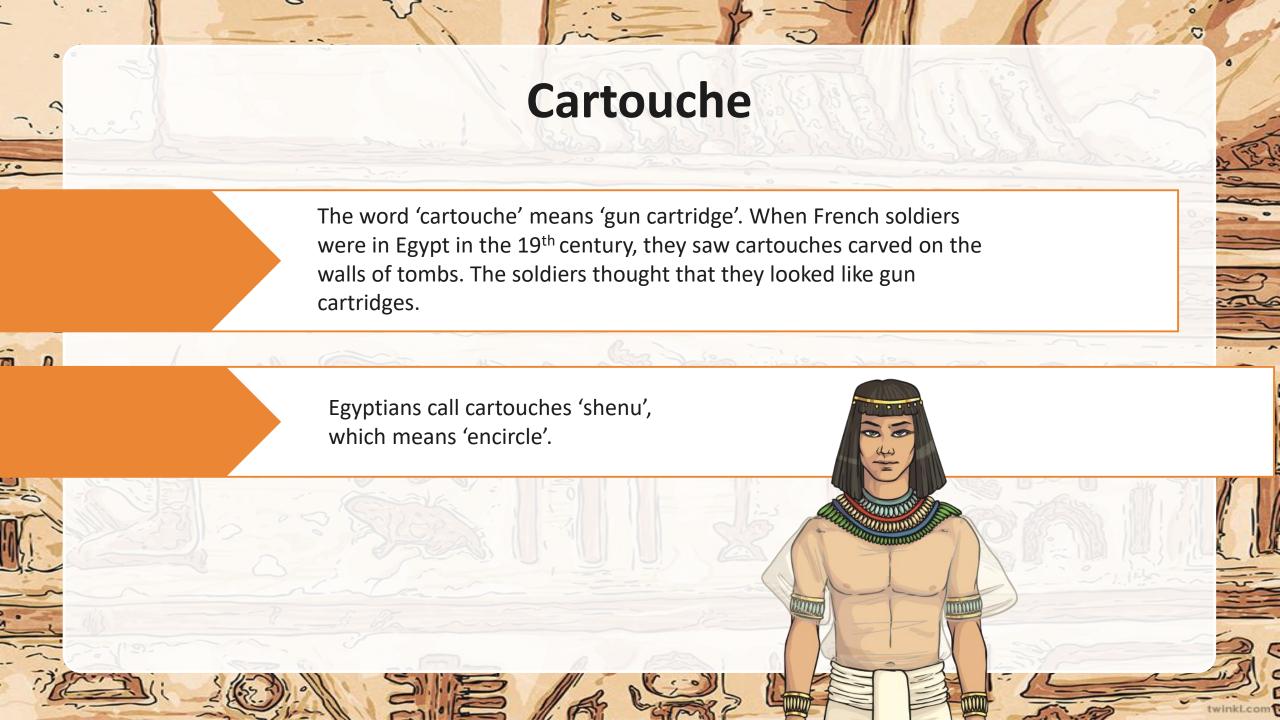
A cartouche is an oval ring.

An important person's name, such as a pharaoh, would be surrounded by a cartouche.

It would usually be vertical with a horizontal line at the bottom.

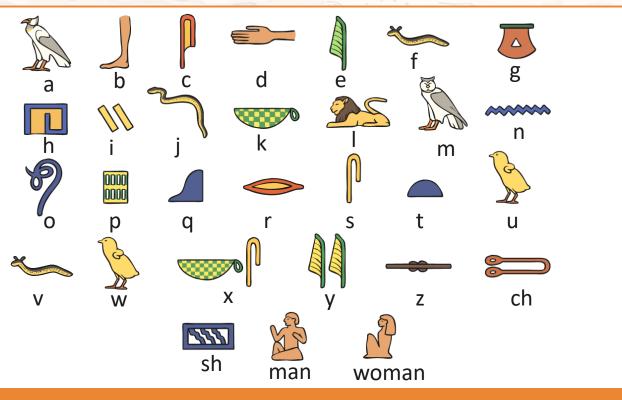


This is from the mortuary temple of Queen Twosret from the 19th Dynasty in Egypt.



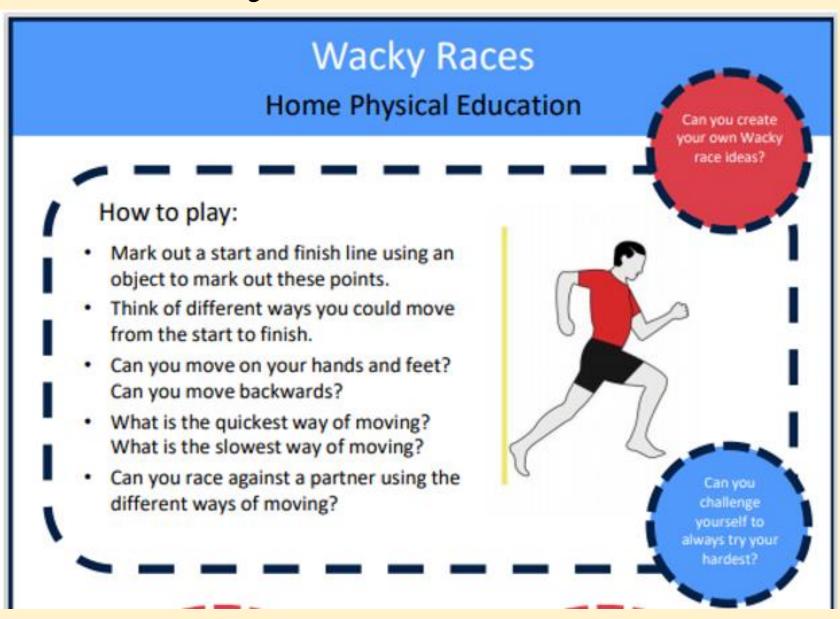


The name within the cartouche would be written in hieroglyphs. Heiroglyphs were a form of writing created by the ancient Egyptians.



Each symbol represents a letter.
Can you spell your name using the hieroglyphs?

Wednesday - PE





Let's Reflect

Which way of moving was the easiest and which was the hardest? Explain why.

How did you feel if you did not win a race?

Thursday

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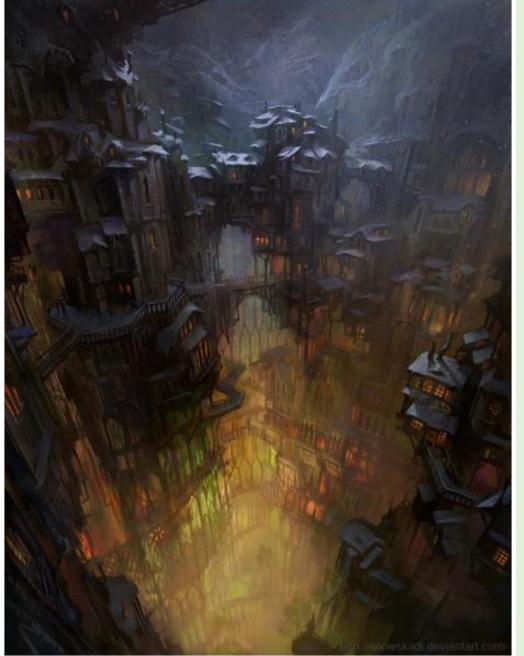
Thursday - Spellings

Silly story

Create a Silly Story using spelling words from this week...try to use as many as you can

Week 8					
literate					
illiterate					
polite					
impolite					
replaceable					
irreplaceable					
immovable					
immortal					
experiment					
extreme					

Thursday - Reading - Inference



City in a cave

- 1. Why was this city built in a cave?
- 2. Who built it?
- 3. When was the city founded?
- 4. Who might live here?
- 5. How large is the population?
- 6. Are there many children and elderly people here?
- 7. What jobs do the citizens do?
- 8. Is this a good place to live?
- 9. Is this city well-known for anything?

Thursday - English - Newspapers

Lesson 4
Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access



To develop a rich understanding of words associated with feeling surprised

In this lesson, we will introduce new vocabulary, identify word pairs and synonyms and apply the vocabulary in sentences.

Start Lesson

https://classroom.thenational.academy/less ons/to-develop-a-rich-understanding-ofwords-associated-with-feeling-surprisedc5j3jt

L- To multiply and divide by 3 Warm up

1) Complete the calculations

$$3 \times 0 =$$

$$3 \times 1 =$$

$$3 \times 5 =$$

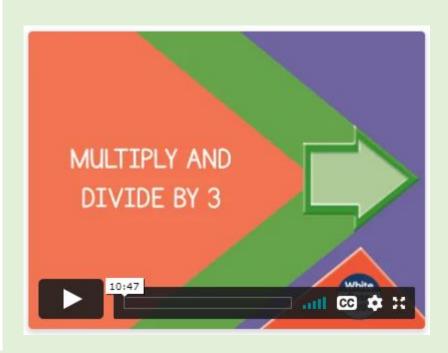
$$3 \times 10 =$$

2) Double 3

3) Divide 3 by 1

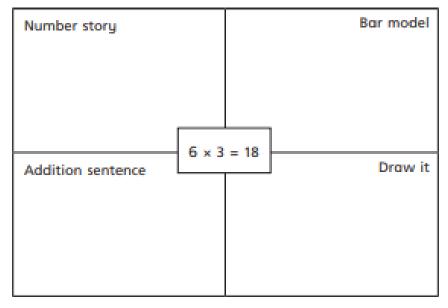
Click on the link below to access the learning for today

https://whiterosemaths.com/homelearning/year-4/week-11-number-multiplication-division/

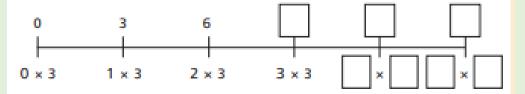


L- To multiply and divide by 3

Complete the diagram



Complete the number line.

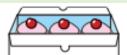


After you have watched the video have a go at the questions on the worksheet. Answer in your books.

Which is the odd one out?
Tick your answer.
(3) (3) (3) (3) (3) (3) (3) (3) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4
Explain your answer.
Is there more than one answer?

L- To multiply and divide by 3

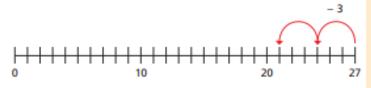
There are 27 cakes.



A box can hold 3 cakes.

How many boxes of 3 cakes can be filled?

Use the number line to help you.



boxes of 3 cakes can be filled.





Is there more than one way to do this?

- 6 Complete the division statements for each problem.
 - a) Esther has 21 balloons.

She puts them into 3 party bags.

How many balloons are in each party bag?

b) Nijah has 36 apples.

In each box there are 3 apples.

How many boxes are there?



c) 24 children stand in groups of 3

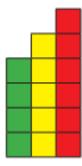
How many groups are there?



Numbers that follow each other when you count are called consecutive numbers.

Three consecutive numbers can form a staircase.

Here is 4, 5 and 6



When you add three consecutive numbers, the total can always be divided equally by 3

Is this statement correct?

Talk about it with a partner.

After you have watched the video have a go at the questions on the worksheet.
Answer in your books.

L- To multiply and divide by 3

Complete the diagram. Bar model Number story Eg. There are 6 plates with 3 cupcokes on each plate. $6 \times 3 = 18$ Draw it Addition sentence 3+3+3+3+3=18 Complete the number line.

 1×3

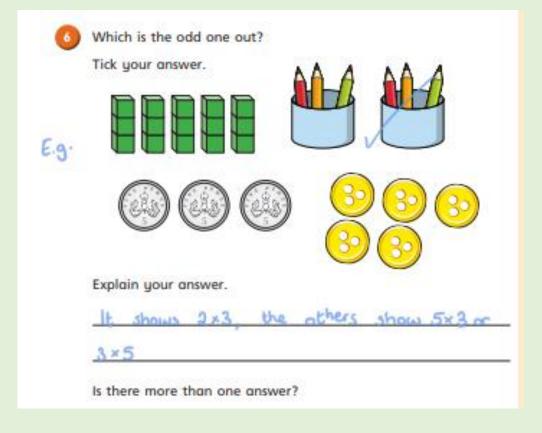
 0×3

 2×3

 3×3

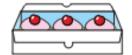
Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?



L- To multiply and divide by 3

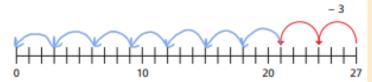
There are 27 cakes.



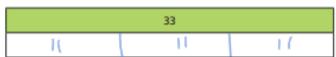
A box can hold 3 cakes.

How many boxes of 3 cakes can be filled?

Use the number line to help you.



- 9 boxes of 3 cakes can be filled.
- Complete the bar model for the division 33 ÷ 3 = 11



Is there more than one way to do this?

- Complete the division statements for each problem.
 - a) Esther has 21 balloons.

She puts them into 3 party bags.

How many balloons are in each party bag?



b) Nijah has 36 apples.

In each box there are 3 apples.

How many boxes are there?

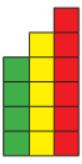
c) 24 children stand in groups of 3

How many groups are there?

Numbers that follow each other when you count are called consecutive numbers.

Three consecutive numbers can form a staircase.

Here is 4, 5 and 6



When you add three consecutive numbers, the total can always be divided equally by 3

Is this statement correct?

Talk about it with a partner.

Mark your work. How did you do?

Make sure you check your corrections.
Can you work out where you went wrong?

If you've had a bit of a wobble and need more or different practise try this link:

https://www.bbc.co .uk/bitesize/articles/ zmr43j6

Thursday PSHE



Taking care of myself: getting a good night's sleep

Over the next two lessons we will have a look at why this is so important.

Have a look at the following slides and complete the activities.

Sleep: What's our starting point?

Draw a person getting ready for a good night's sleep — what might they be doing, thinking, feeling?

Can you draw and write about:

- How this person will feel when they wake up?
- Anything that is helping them to sleep well?
- Anything that might make it hard for them to sleep well?

Once you've finished your picture, put it to one side — you will come back to this tomorrow!



FACTS ABOUT SLEEP

Go on a fact hunt...

Look at the information on the posters on the next few slides.

Use these posters to help you to answer the questions on the Factfile



Children aged 6-12 years old usually need between 10 and 11 hours sleep every night (some may need more or less). To wake up at 7am in time for school, a good time to go to bed is before 9pm.

Doing something relaxing in the hour before going to sleep can really help. This could be things like reading a book or listening to a story being read, having a bath, cuddling a pet, talking to someone in your family about your day, or playing a board game or puzzle.

Spending time outside during the day and exercising can help someone fall asleep and help them to sleep well.

Keeping to the same routine is a good idea, such as going to bed and waking up at the same time every day, even at weekends.

TIDY YOUR ROOM!

A messy bedroom can actually affect good sleep! It is much easier to relax and fall into a deep sleep in a tidy, organised room. Making a bedroom dark and cool before going to sleep can also help.

CALM DOWN!

Avoid running around or doing lots of exercise just before bedtime. This can make the body wake up when it needs to be winding down.



TURN IT OFF!

All electronic screens like the TV, computer, tablet, mobile phone should be turned off at least an hour before bedtime. It's best to put them away in a room where people don't sleep.

DON'T DRINK THAT!

Drinking or eating anything with caffeine (like coffee, tea or energy drinks) or lots of sugar (like sweets and fizzy drinks) can keep someone awake for a long time. This might mean that when they fall asleep, they don't sleep very well.





People who get good quality sleep are more likely to...

MAKE
GOOD
decisions

PERFORM better at sports







AYOID illness

LEARN better

BE MORE creative



REMEMBER more



HEAL FASTER from an injury

Now try and answer these questions:

- 1. How much sleep do children need each night?
- 2. Find 3 things to start doing that help someone get good sleep:
- 3. Find 3 things to stop doing that would help someone sleep:
- 4. Why is it important to get good sleep?

Activity 1: Answers

Once you have completed your table, click on each box to reveal a possible answer...

QUESTION	POSSIBLE ANSWERS
How much sleep do children need each night?	
Find 3 things to start doing that help someone get good sleep:	
Find 3 things to stop doing that would help someone sleep:	
Why is it important to get good sleep?	

Thursday - PE

Feeling Flexible?

Home Physical Education

How to play:

- Layout 5 markers in a space around your area. These are your 5 flexibility circuit activities
- Station 1: Perform 10 extended tucks.
- Station 2: Perform 10 roll and release.
- Station 3: Perform 10 lunges.
- Station 4: Perform 10 arches, holding each one for 5 seconds.
- Station 5: Perform 10 extended leg raises.
- How many times can you repeat the circuit?



you feel tired?



Top Tips

Stretch Out!

By stretching (static or dynamic)
this will improve our flexibility.
'Flexibility is the elasticity of
muscles when stretching and
the ability to move joints
through a full
range of motion '

Let's Reflect

Do you understand why stretching your muscles will improve your flexibility?

Do you understand why it is important to be flexible when playing sport?

Friday

Remember to email us some pictures of you completing some of these activities

4 CW CatherineWilde@partingtoncentralacademy.co.uk
4 CT ChrisGreatbanks@partingtoncentralacademy.co.uk

Friday - Spellings

Other handed

First write your spelling the way you usually do it.

Then try writing the list with your other hand.

Week 8						
literate						
illiterate						
polite						
impolite						
replaceable						
irreplaceable						
immovable						
immortal						
experiment						
extreme						

Friday - Reading

One Tiny Mistake

When I received my first magic wand for my twelfth birthday, I could not have been more excited. I imagined pointing it towards a pile of dirty clothes and having them magically cleaned and folded before my eyes. I'd dreamed about turning my vegetables invisible so I didn't have to eat them for dinner. I never imagined that I would spend the next year of my life trapped inside a bottle. One tiny, little spell gone wrong was all it took to shrink me. My family think that I ran away to a school for witches. They knew it had always been my dream. What they don't know is that I've been here all along; sat on the dusty shelf in my old bedroom, tapping on the glass and praying that one day they will hear me.

Friday - Reading

After you have read the text on the revious de, have a at these

Quick Questions



1. Where is the narrator of this story?



2. Did the narrator mean for this to happen? Use evidence from the text to support your answer.



3. What story do you know that has a similar theme?



4. Sum up the story in 20 words or less.



Friday - English - Newspapers

Lesson 5 Write all work into your workbook or on a piece of paper.

Copy and paste the website link into internet browser to access



To gather information and evidence for a newspaper report

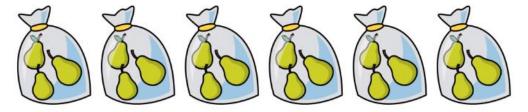
In this lesson, we will gather information and evidence about an incident to use in our own newspaper reports.

Start Lesson

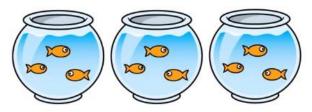
https://classroom.thenational.academy/less ons/to-gather-information-and-evidencefor-a-newspaper-report-75h6ad?activity=video&step=1

L- To know the 3 times table

Warm up 1) How many pears?



How many fish?



Complete the number track.

3	6	9			18		24		30		36
---	---	---	--	--	----	--	----	--	----	--	----



Click on the link below to access the learning for today

https://whiterosemaths.com/homelearning/year-4/week-11number-multiplication-division/

L- To know the 3 times table

The 3 times-table



Complete the multiplications.





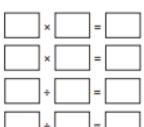




Dani makes an array using counters.



Write two multiplication and two division facts represented by the array.



Complete the number sentences.

Complete the number sentences.

What patterns do you notice?

Write <, > or = to compare the statements.

After you have watched the video have a go at the questions on the worksheet.
Answer in your books.

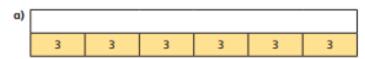
L- To know the 3 times table

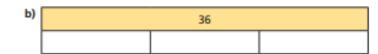


1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50

What two patterns do you notice?







Mo has 7 packets of 3 stickers.

Eva has 3 packets of 9 stickers.

Who has the greatest number of stickers?



a) Complete the multiplications.

Are the answers odd or even? Tick your answer.

	odd	even
1 × 3 = 3		
2 x 3 =		
3 × 3 =		
× 3 = 12		

b) What would the next multiplication be?

^3-		× 3 =	
-----	--	-------	--

- c) What do you notice about the products?
- d) Will the product of 11 x 3 be odd or even? __

Use the fact that $12 \times 3 = 36$ to work out the calculations.

How did you work this out?

Did you find the answers in the same way as your partner?

After you have watched the video have a go at the questions on the worksheet. Answer in your books.

L- To know the 3 times table

The 3 times-table



Complete the multiplications.







Dani makes an array using counters.



Write two multiplication and two division facts represented by the array.

Complete the number sentences.

- a) 6 × 3 = 18
- d) 15 ÷ 3 = 9
- b) 3 x 9 = 27
- e) 12 x 3 = 36
- c) 33 ÷ 11 = 3

Complete the number sentences.

a) 2 × 3 = 6

b) 6 = 3 x 2

4 × 3 = 12

12 = 3 x

8 × 3 = 24

18 = 3 x 6

What patterns do you notice?

Write <, > or = to compare the statements.

a) 33 ÷ 11 🔁 :

- d) 6 x 3 (>) 6 ÷
- b) 27 (>) 30 ÷
- e) 3 x 6 (>) 18 ÷
- c) 9 ÷ 3 <
-) 0 x 3 (<) 3 ÷

Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?

L- To know the 3 times table

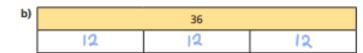
Colour all the numbers in the 3 times-table.

1	2	M	4	5	M	7	8	The same	10
11	M	13	14	B	16	17	18/	19	20
1/2/2	22	23	M	25	26	M	28	29	M.
31	32	M.	34	35	The same of the sa	37	38		40
41	May.	43	44	ASA	46	47	14	49	50

What two patterns do you notice?



a)			- 1	8		
	3	3	3	3	3	3



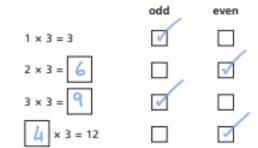
Mo has 7 packets of 3 stickers. Eva has 3 packets of 9 stickers.

Who has the greatest number of stickers? Eva.



a) Complete the multiplications.

Are the answers odd or even? Tick your answer.



b) What would the next multiplication be?

- c) What do you notice about the products?
- d) Will the product of 11 x 3 be odd or even? Odd

Use the fact that $12 \times 3 = 36$ to work out the calculations.

How did you work this out?

Did you find the answers in the same way as your partner?

Mark your work. How did you do?

Make sure you check your corrections. Can you work out where you went wrong?

If you feel you need more practise you could try this link: https://www.bbc.co. uk/bitesize/articles/z k6vn9a

Friday PSHE



Do you remember what we were discussing in our PSHE lesson yesterday? Yes, it was sleep!

You can always look back at yesterday's slides if you need to complete todays work.

Can you help solve a problem?

How could you help these people get a better nights sleep?

It is difficult to go to sleep when	A solution to this might be
Someone has been watching TV, or playing games online before bed	
Someone is nervous or worried about something, <u>e.g.</u> a test at school	
Someone drinks a sugary drink, such as orange juice or hot chocolate, before bed	

Activity 2: Solutions

It is difficult to go to sleep when	A solution to this might be
Someone has been watching TV, or playing games online before bed	
Someone is nervous or worried about something, e.g. a test at school	
Someone drinks a sugary drink, such as orange juice or hot chocolate, before bed	
Individual steps I would need to ta	ke to carry out the sleep solution

What instructions could you give somebody to help them carry out their solutions?

E.g. They could create a bedtime schedule to follow, so that they know when to turn off the TV etc.

Sleep: Where are we now?

Go back to the 'What's our starting point?' activity

Use a different colour pen or pencil to change your draw and write...

Is there anything you would like to change about your pictures?

Is there anything you would like to add to your pictures?



Can you think of one thing that you could change about your bedtime routine to help you to get better sleep?

Remember...

Finding it hard to get to sleep or not wanting to get up in the morning are all typical experiences as part of growing up. Many adults can sometimes find it hard too. It can sometimes happen when people feel worried or feel stressed about something.

If you're worried about your sleep, you should always speak to your parent or a trusted adult so they can help you.



The **ChildLine website** also has advice about sleep for young people:

www.childline.org.uk

Click <u>here</u> to discover Childline's 8 tips for better sleep!

More activities if you have time...

Give me 10

Create a poster of 10 top tips for a good night's sleep that you can share with your family and friends.



Sleep story

Write a short story about a character who is struggling to get a good night's sleep. Include advice for others about how they solved the problem.



Friday - PE

Super Strength Home Physical Education

How to play:

- Layout 5 markers in a space around your area. These are your 5 strength circuit activities.
- Station 1: Perform 10 squat jumps.
- · Station 2: Perform 10 lying ball lifts.
- · Station 3: Perform 10 push outs.
- Station 4: Perform 10 sit ups.
- Station 5: Perform 10 box press ups.
- How many times can you repeat the circuit?



Can you

complete the circuit with a

Can you keep trying even if

you feel tired?

Top Tips

Work Hard!

By working hard we will improve our strength 'Muscular strength is defined as the maximum amount of force that a muscle can exert against a form of resistance in a single effort.'

Let's Reflect

Do you understand why working hard will help improve the strength of your muscles?

Do you understand why it is important to be strong when playing sport?