

# NEWSLETTER

# www.partingtoncentralacademy.co.uk

# 13th March 2020

### **Headteacher Message**

Last week we celebrated Book week and World Book Day. As a conclusion to the week we invited parents in to school to read with their child and we were overwhelmed by the response! We had so many mums, dads and grandparents through the doors that we almost didn't have room for everyone! A huge thank you to everyone that was able to join us and thank you for the lovely feedback that you shared with us. The children were excited about having you in their classes and they thoroughly enjoyed you being there. We hope you enjoyed it as much as we did! In the last few weeks we have had excellent attendance at all our parent events and meetings. On behalf of all of the children and staff at PCA, I would like to thank you for your ongoing support and positive engagement with the school. It's greatly appreciated and benefits the children massively.

This week the children have been involved with sports challenges as part of their support for Sports Relief. Thank you for your generous donations. All contributions will go directly to the charity. Thank you.

Anita Edwards – Executive Headteacher

Attendance Week Ending 13.3.20	
R	90%
Year 1	95.2%
Year 2	95.8%
Year 3	96.7%
Year 4	95.9%
Year 5	95.6%
Year 6	96.9%
Whole	
School	95.7%
(weekly)	
Whole	
School	94.8%
(Sept to	94.0%
date)	
<b>Target 97%</b>	



The winners of last weeks Reading Challenge

Thank you to all the children who participated in our reading challenge during World Book Week. We had some fantastic photos sent into school, it looks like you all did lots of reading and had fun completing the different reading challenges. A huge congratulations to the winners of our Share a Million Stories Reading Challenge: Kayleigh Boardman (6CB), Harry Rostron (4CW) and Sadie Rostron (4CW). These lucky children received a voucher to spend on

books of their choice, well done!
Terrific Time Keepers

#### The winners this week are 1EN, 2HW, 3GC, 3SI 4CW, 5AF, 5LA, 6CB and 6LP! What an achievement! Well done! Remember - Be on time at twenty to nine!



**Believe Achieve Succeed** 



Anita Edwards Executive Headteacher



# Dates for your diaries

16<sup>th</sup> March '20 Farm to visit EYFS 17<sup>th</sup> March '20 Fencing Assembly KS2 @2.15 25<sup>th</sup> March '20 Parents Evening 26<sup>th</sup> March '20 Mad Hatter's Day & Finish for Easter Break 27th March '20 **INSET Dav** (Staff Only) 14<sup>th</sup> April '20 **Back to School** 

Visit our website for all our dates including the Easter breaks!

#### Why is water so important?

When we're born, water makes up about 75% of our body weight. Our bodies are constantly losing water through sweating, breathing and going to the toilet. It's really important that we replace the water that we lose because water helps us to carry nutrients around our bodies, remove waste products from our major organs and control our body temperature. It helps us to concentrate too!

#### Sugar laden liquids

In the UK, children are having nearly three times the recommended amount of sugar each day. The majority of this sugar tends to come from sugary drinks which can damage our teeth and don't help to rehydrate us as much as water does.

Energy drinks contain caffeine and other stimulants, as well as being packed with nearly three times the recommended amount of sugar. In large quantities, these can affect your sleep, potentially cause anxiety and affect student's behaviour. The sale of energy drinks to children under the age of 16 has been banned in many supermarkets to limit harmful effects.

# 'Sharing a Story'

Thank you so much to Parents, Carers and Grandparents who joined us last Friday to celebrate the end of World Book Week by sharing a story with their child/grandchild.

At Partington Central Academy we believe that sharing a story for just 10 minutes a day can have a lasting impact on a child's future, and can help to create readers for life.

Research shows that sadly reading for pleasure is in decline: only 29% of 0-13s read for pleasure daily (down from 30% in 2017). The number of parents sharing stories with their children is also in steep decline: only 56% of 3-4-year-olds are read to daily or nearly every day (v. 69% in 2013). Fewer than 19% of 8-10-year-olds are read to daily or nearly every day (down from 25%). So, let's boost reading for pleasure back up! There are so many benefits to sharing stories together: It boosts creativity and imagination

It's a calming, bonding experience that improves well-being It builds empathy and closeness It's great fun for everyone involved!



### **OUR STARS OF THE WEEK**

RKK – Jakson Whiteley & Ebony Jones
REC – Isabelle Keevney & Reggie Rore
1GJ – Cruz Prophet & Sadie Bell
1EN – Amae Omary & Isla-Grace Bancroft
2SJ – Amelia McCabe & Rose Holmes
2HW – Hunter Erskine & Zachary Keevney
3GC – Max Donovan & Grant Taylor
3SI – Kian Bell & Tyler Shepherd
4CT – Ellouise McGuirk & Shay Lomas
4CW – Harry Rostron & Kourosh Golampour
5LA – Nicola Gaskell & Ruby Bennett Campbell
5AF – Sophie Richardson & Skye Morritt
6LP – Sophie Green & Kayla-Grace Phelan
6CB – Lily-Mae Knowles & Isabel Cassells

# Hydration



It is important to try to drink 6-8 glasses of fluid each day and make as many of these plain water as you can. When it's hot or you exercise you lose more water through sweating, so it's even more important that your drink some extra water.

Top tip: If you don't like water and usually add squash or juice, try to gradually reduce the amount you use. Your taste buds will change and you might start to like plain water. You could also add some fruit like lemon or lime to your water to flavour it in a healthy way.

# Family Challenge

Create a chart so you can record how many glasses of water and other drinks you all have each day. If you don't drink 6-8 glasses of water each day, try to set yourself a challenge to drink more.



## It's Crazy Hair/ Mad Hat Day on Thursday 26<sup>th</sup> March In return can all children bring in chocolate for our Easter Bingo event on 16<sup>th</sup> April '20.

Thank you for your support.



#### On Friday 13<sup>th</sup> March Sports Relief was back! This year Sports Relief was focusing

s year Sports Relief was focusing on 'personal challenge'.

Look out for the photo's of the challenges and also to see how much you helped us to raise in next week's newsletter!



Nursery and Reception's topic this term has been 'Growth and New Life'.

The children have been learning about minibeasts and thinking about the lifecycles of plants and butterflies. They have also been busy planting seeds in their classrooms and potatoes, onions, daffodils, herbs, strawberries and flowers in the outdoor growing area.

The children have been very excited seeing their plants grow and develop and hopefully in the Summer and Autumn terms we will be able to harvest some of the vegetables.

The children are also eagerly awaiting the arrival of some caterpillars which they will feed and care for and hopefully see turn into butterflies.

Believe Achieve Succeed